## Health Disparities Among the Elderly

Preparing a Representative Health
Care Workforce in Geriatrics
Janet C. Frank, DrPH

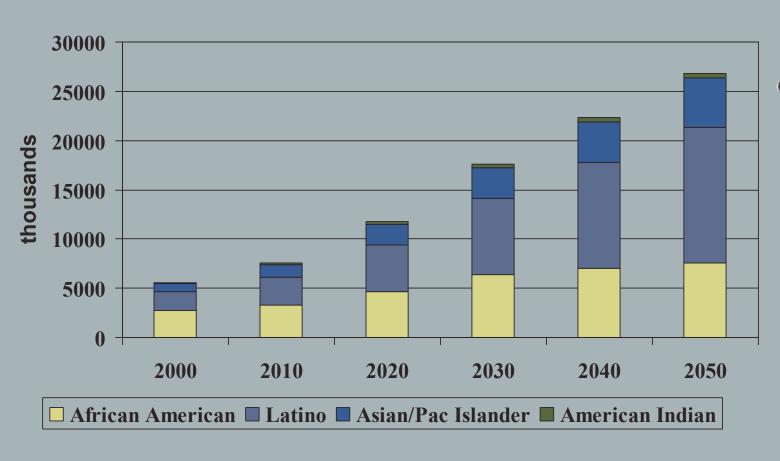


#### Overview of Presentation

- ▲ Demographics of minority elders
- ▲ Health care workforce:
  - ▲ Poor preparation for elder care
  - ▲ Lack of inclusion of underserved minority groups
- ▲ Programs and policies to address "The Perfect Storm"

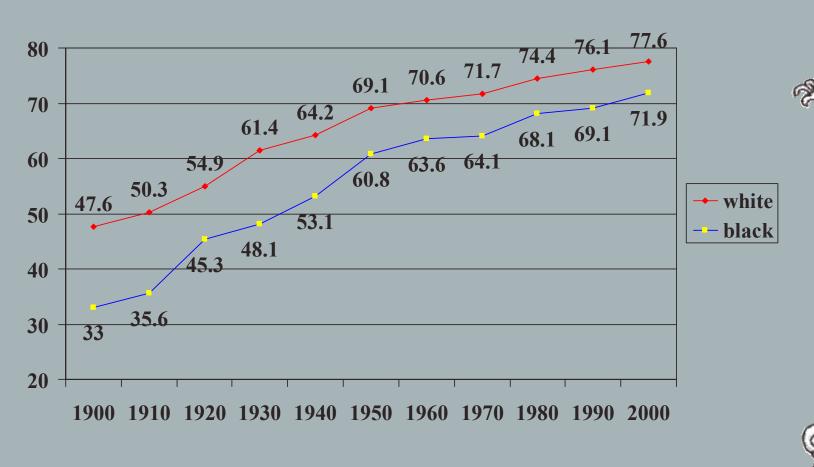


#### Minority Elderly Population, U.S. 2000-2050



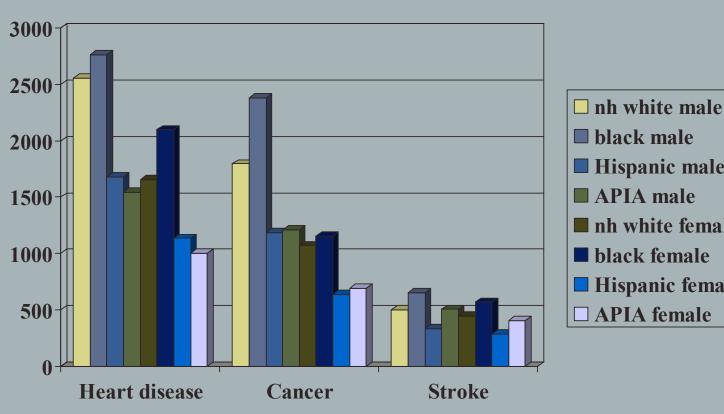
Source: U.S. Bureau of the Census, p25-1130

### Life Expectancy at Birth



Source: National Center for Health Statistics, Health U.S. 2004.

#### Leading Causes of Death Persons Age 75-84



black male **■** Hispanic male ■ APIA male ■ nh white female **■** black female **■** Hispanic female

Source: Health U.S., 1999, NCHS, tables 37-39

# The Importance of Having a Representative Health Care Workforce

- ▲ National policy priority: HRSA, HP2010, NIH Roadmap
- ▲ Equality and economic well-being of under-represented minorities (URMs)
- ▲ The three-A's of public health: ACCESS, Affordability, and APPROPRIATENESS of health care provided



### Our Focus: Selected Types of Health Care Professionals

- *▲ Physicians\**
- ▲ Nurses\*
- ▲ Pharmacists\*
- ▲ Social Workers\*
- ▲ Public Health

\* Have either added qualifications exam or competencies established + Physical therapy



### Preparation of Physicians: The Perfect Storm

- ▲ 10% of physicians are American Indian, African American or Hispanic
- ▲ 3 of our 145 medical schools have a geriatrics department
- ▲ 14 medical schools (less than 10 percent) require a geriatrics course
- ▲ Currently we have 6,000 certified geriatricians



#### Preparation of Nurses: The Perfect Storm

- ▲ 10% of registered nurses are American Indian, African American or Hispanic
- ▲ 30 of our 670 baccalaureate nursing programs have exemplary geriatric programs
- Less than 1 percent of the 2.2 million practicing registered nurses in the U.S. are certified in geriatrics



## Preparation of Pharmacists: The Perfect Storm

- ▲ CA pharmacy graduates 2000:
  - ▲ <1% are American Indian
  - ▲ 8% are African American
  - ▲ 3% are Hispanic
- ▲ 48% of pharmacy programs provide a course on geriatric pharmacotherapy
- ▲ 25% of programs offer a specialization in geriatrics
- ▲ 700 pharmacists (<1%) have the geriatrics certification nationwide
  </p>



### Preparation of Social Workers: The Perfect Storm

- ▲ 7% of LCSW's are African American
- ▲ 4% are Latino and 1% are Native Am
- ▲ 59 (of 150) MSW programs offer a concentration in aging or gerontology
- ▲ 3 (of 432) BSW programs offer this concentration
- ▲ 2.4% of professional MSWs specialize in geriatrics



#### Preparation of Public Health Professionals: The Perfect Storm

- Sectors of public health have good URM representation
- Most public health schools offer at least one elective on an aging topic; none have a requirement
- Public health dept units have not identified aging as a priority area of concern nor as a priority training area for public health practice.

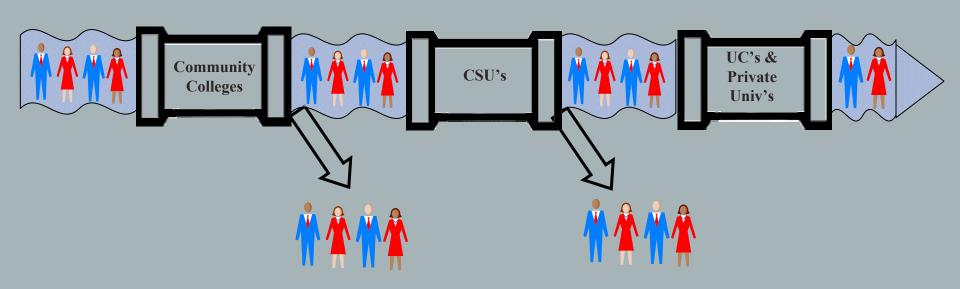


#### Programs and Policies

- ▲ Series of programs focused on URMs
  - ▲ Magnate schools and special tracks
  - ▲ HCOP, HETCs, RCMARs
- ▶ Programs focused on ↑aging curriculum
  - ▲ Geriatric education centers (HRSA)
  - ▲ Healthy Aging Network (HAN) includes 8 accredited public health programs (CDC)
  - ▲ Discipline-specific initiatives (many by JAHF)



# California's Educational Pipeline to Create Representative Health Profession's Workforce



#### Resources

- <u>www.hrsa.gov</u>
- <u> http://futurehealth.ucsf.edu</u>
- <u> www.geronet.ucla.edu</u>
- *My email: jcfrank@ucla.edu*

